



Anastasia Lodge



Spring newsletter 2020

autumn-gardens.com



Calendar of special events

Spring 2020

March 2020

1 March

St David's Day – Our residents will enjoy Welsh themed cupcakes and a quiz afternoon at 2pm

2 March

Green Monday (Kathara Defthera) – We will celebrate the beginning of the Lent with Kite making, listening to traditional music and eating traditional Green Monday food

3 March

Sarah Smith - Come and join us at 2 pm for a dance to vibrant songs sang by Sarah Smith

8 March

Revival Church of Enfield – Cynthia Jumbo and Ilumi-lights team will be coming to sing church songs for our residents at 2pm

10 March

March Birthday Party – Join us as we celebrate our March birthday party at 4:30pm

13 March

It's Game On – We will dress up in our sports gear to raise money for Sports Relief. Come and support this great cause

17 March

St Patrick's Day – Come and join our residents in fun, engaging, stimulating Dance and Fitness Program with Romila Beatz at 10:30am

22 March

Mother's Day – We will celebrate this beautiful day that roots in the ancient Greek festival honouring Rhea, the Mother of the Gods with cakes and teas in hour of all the mums at Autumn Gardens

April 2020

7 April

World Health Day - We will celebrate this special day with Mike Marandi who will sing for our residents at 2pm.
April birthday party - Join us as we celebrate our April birthday party at 4:30pm

12 April

Easter Celebrations – Our residents will celebrate Easter by sharing a Simnel Cake and Easter eggs at 2pm
Revival Church of Enfield - Cynthia Jumbo and Ilumi-lights team will be coming to sing church songs for our residents at 2pm

To be confirmed

Easter Service at St Demetrios Greek Orthodox Church - Some of our residents will attend Greek Orthodox Easter Service at St Demetrios Church. Please check our noticed boards as the date and time is yet to be confirmed

To be confirmed

In-house Easter Service – Please join our residents for Easter Greek Orthodox Service conducted by Father John from St Demetrios Church in Olive Lounge. Please check our noticed boards as the date and time is yet to be confirmed

19 April

Greek Orthodox Easter Celebrations – Our residents will celebrate Greek Orthodox Easter Sunday by cracking some eggs and eating some flaounes at around 10am

23 April

St George's Day – Our residents will enjoy English themed cupcakes and a quiz afternoon at 2pm.

May 2020

5 May

Natasha Strange – Come and join us at 2 pm for a dance to vibrant songs sang by Natasha Strange

10 May

Revival Church of Enfield - Cynthia Jumbo and Ilumi-lights team will be coming to sing church songs for our residents at 2pm

12 May

May Birthday Party – Join us as we celebrate our May birthday party at 4:30pm

26 May

Spring Bank Holiday – Come and join our residents in fun, engaging, stimulating dance and fitness program with Romila Beatz at 10:30 in our gardens (weather permitting)



**Save the date for our
30th Anniversary
party on Saturday
27 June 2020!**

Don't forget families are invited to join in!

Keep up with our activities on Facebook

Celebrating recent birthdays

at Anastasia Lodge



**Happy
Birthday!**

Festive fun

It's been a busy winter!



Autumn Gardens & Anastasia Lodge



Private Care Homes and Day Care Services for Older People
Nursing, Dementia and Residential Care



From short and long-term placements to our flexible day care services and memory club, our homes in Southgate and Winchmore Hill provide:

- Residential care
- Nursing care
- Dementia care
- Palliative care

Invite a friend
for a FREE trial
Day Care
Session!

To arrange a visit or free day care session contact our team on 020 8344 2600 or email welcome@autumn-gardens.com

Autumn Gardens 73 Trent Gardens, Southgate N14 4QB

Anastasia Lodge 10 -14 Arundel Gardens, Winchmore Hill N21 3AE

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