



Anastasia Lodge



Autumn newsletter 2025

autumn-gardens.com



Winter newsletter 2025



As we move into winter, our home is filled with creativity, warmth and a wonderful sense of togetherness. Our residents have been enjoying coming together to take part in a wide range of creative activities, from seasonal crafts and handmade decorations to group projects that encourage imagination and expression.

Shared activities continue to be a favourite, with residents enjoying friendly games of cards and working as a team to complete jigsaw puzzles. These moments of connection bring conversation, laughter and companionship, and it is always lovely to see different friendships forming around the table.

As we look ahead to Christmas, there is a growing sense of excitement throughout the home. Our residents especially enjoy the familiar traditions that this time of year brings.

We would also like to warmly encourage families and friends to join us for our Residents, Friends, and Family Meeting on 7 February from 2pm to 4pm. This is a wonderful opportunity to hear about everything we've been doing, share your thoughts, and discover the plans we have as we head into an exciting 2026.

We hope to see you there and look forward to welcoming you. In the meantime have a fabulous Christmas and happy new year!

Norma Dimaiwat, Registered Manager



Highlights of the season



Celebrating our staff

Every season we highlight staff who have gone above and beyond to help support residents and staff.



Viosana Chatija Carer

Viosana joined us this Summer and has quickly become a valued member of the team. She is a hard-working and compassionate carer who consistently shows dedication to both residents and colleagues.

Viosana is flexible and reliable, always willing to support the team. She builds positive relationships with residents, who respond very well to her caring and respectful approach.

Thank you Eleni!

We were delighted to once again welcome Eleni from Asterakia, who visits us each month to entertain our residents. With her infectious energy Eleni filled the room with beautiful music and timeless Greek stories. The atmosphere quickly came alive as residents joined in, singing along and clapping. These regular visits are always a highlight and bring so much joy to everyone involved.



Thank you to all our amazing staff

Winter calendar of events

DECEMBER 2026

11 - Christmas Jumper Day

Residents will dress to impress in their favourite Christmas jumper.

12 - Christmas Songs with Will

Let's get into the festive mood!

17 - December Birthday Party

We celebrate this month's birthdays.

20 - Our Christmas Show

Classic Christmas entertainment!

25 - Christmas Day

As our residents have been good this year they will enjoy a surprise visit from Father Christmas, as well as a delicious traditional lunch!

31 - New Year's Eve

Residents will add messages of gratitude and hope for the New Year to our wishing tree.



JANUARY 2026

1 - New Year's Day

New Year's Day celebrations.

6 - Epiphany

Our residents will celebrate and enjoy loukoumades.

11 - Pavlos Doukanaris

Live performance

14 - January Birthday Party

We celebrate this month's birthdays.

20 - National Cheese Lovers Day

Residents will enjoy cheese, crackers and wine!

FEBRUARY 2026

7 - Residents, Friends and

Family meeting, 2pm – 4pm

Join us in the lounge.

10 - February Birthday Party

We celebrate this month's birthdays.

14 - Valentine's Day

Let's celebrate love and each other.

17 - Pancake Day

Let's have a flipping good time!

Key events alongside our daily activity schedule

Celebrating recent birthdays!



Happy Birthday!

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Καλά Χριστούγεννα και
Ευτυχισμένο το Νέο Έτος

Seasons
Greeting from
all the team at
Autumn
Gardens

