



Autumn Gardens



Winter newsletter 2025

autumn-gardens.com



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As we reflect on the past few months, we've been lucky to enjoy a relatively warm and colourful autumn here in North London. The mild weather allowed our residents to make the most of the season, and we had wonderful celebrations for both Diwali and Halloween, two vibrant festivals that brought plenty of joy, creativity, and community spirit to our homes.

Now, as we step into the colder winter months, our staff are excited to help residents embrace the festive season. Over the coming weeks, we'll be decorating our Christmas tree, making beautiful handmade decorations, and spreading plenty of Christmas cheer throughout the home. It's always a special time of year, and we look forward to creating warm and memorable moments together.

We would also like to warmly encourage families and friends to join us for our Residents, Friends, and Family Meeting on 31 January, from 2pm to 4pm, held in the main lounge. This is a wonderful opportunity to hear about everything we've been doing, share your thoughts, and discover the plans we have as we head into an exciting 2026.

We hope to see you there and look forward to welcoming you. In the meantime have a fabulous Christmas and happy new year!

Martina De Vizia, Registered Manager



Wishing you a Merry Christmas!

Special memories

Outings and cultural celebrations play a vital role in enriching the lives of our residents. Whether it's a simple trip to the local shop, a peaceful visit to the church, lunch at a nearby restaurant, or enjoying the beauty of the park, these activities help maintain independence, build confidence, and strengthen connections with the community. Celebrations like Diwali bring joy, colour, and cultural understanding to our homes, allowing residents to experience new traditions and share in the happiness of inclusive festivities. From traditional dress and homemade desserts to henna art, Bollywood dancing, and creative flower decorations, these moments bring warmth, belonging, and togetherness—reflecting our commitment to celebrating every nationality and making our homes lively, diverse, and vibrant places to live.



Celebrating our staff

Every season we highlight staff who have gone above and beyond to help support residents and staff.



Giorinta Tsuka, Domestic Team

Giorinta, joined us in 2019 and has shown outstanding dedication to her role ever since. She is known for her friendly, polite, and helpful nature, always going the extra mile to support both our residents and her colleagues. Giorinta communicates exceptionally well within the team and is consistently willing to step in and cover whenever the company needs her. Her hard work, reliability, and positive attitude make her an important part of our home,



Sintorela Chatigia Care Team

Sintorela high-quality care and professionalism were evident from the very beginning. She is known for her warm smile, patience, and strong work ethic, always ready to lend a hand whenever needed. Sintorela's kindness and willingness to help make her a wonderful support to both residents and colleagues, and we are delighted to have her as part of our team.

Thank you to all our amazing staff

Autumn calendar of events

DECEMBER 2025

2 - Live Piano with Jonathon

Let's enjoy the piano together

3 - Bobby's Girl and white Christmas Show

Let's get into the festive spirit!

11 - Christmas Jumper Day

Residents will dress to impress in their favourite Christmas jumper.

12 - Christmas Songs with Savvas

Let's get into the festive mood!

18 - Osidge School Choir

Singing Christmas carols at 10.30am

18 - December Birthday Party

We celebrate this month's birthdays.

25 - Christmas Day

As our residents have been good this year they will enjoy a surprise visit from Father Christmas, as well as a delicious traditional lunch!

31 - New Year's Eve

Residents will add messages of gratitude and hope for the New Year to our wishing tree.

JANUARY 2026

1 - New Year's Day

New Year's Day celebrations.

6 - Epiphany

Our residents will celebrate and enjoy loukoumades.

7 - Live Music Event

With Pavlos Doukanaris

20 - National Cheese Lovers Day

Residents will enjoy cheese, crackers and wine!

29 - January Birthday Party

We celebrate this month's birthdays.

31 - Resident, Friends and

Family meeting, 2pm – 4pm

Join us in the lounge.

FEBRUARY 2026

4 - Live Music Event

With Mike Marandy at 2pm in our lounge.

14 - Valentine's Day

Let's celebrate love and each other.

17 - Pancake Day

Let's have a flipping good time!

26 - February Birthday Party

We celebrate this month's birthdays.

Key events alongside our daily activity schedule

Celebrating recent birthdays!



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Καλά Χριστούγεννα και
Ευτυχισμένο το Νέο Έτος

Seasons
Greeting from
all the team at
Autumn
Gardens

