



Anastasia Lodge



Spring newsletter 2026

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As we welcome the brighter days of spring, we've been reflecting on a truly joyful winter at our home.

Christmas gave us a wonderful opportunity to come together and enjoy the festive season as a community. The home was filled with warmth, laughter and a lovely sense of togetherness as residents enjoyed special festive meals, time spent with friends and staff, and the beautiful decorations throughout the home.

Our residents enjoyed a wonderful day out at St Demetrios Church to celebrate the New Year. The church hosted a fabulous New Year's lunch, which everyone thoroughly enjoyed. We also spent time saying prayers and lighting candles, creating a calm and meaningful moment for reflection.

We were also delighted to welcome live entertainment into the home this winter, which created a real buzz among residents. Music, singing and festive performances brought smiles to everyone's faces and encouraged plenty of toe-tapping and singing along.

Finally, thank you to everyone who attended our recent Residents, Friends and Family meeting. Your feedback and continued support are appreciated and help us to make Anastasia Lodge a warm, welcoming and vibrant home for all.

Norma Dimaiwat, Registered Manager



Getting creative with games!



Our activity team are always finding creative ways to bring fun and engagement into the home using simple, everyday items. These games encourage residents to work together, focus and enjoy light-hearted competition.



Activities like these are wonderful for supporting hand-eye coordination, fine motor skills and concentration, while also encouraging gentle movement and teamwork. Most importantly, they create opportunities for connection, conversation and shared enjoyment.



Residents also enjoyed celebrating Clean Monday, the first day of Lent, by learning about the tradition of kite flying and sharing fasting foods together. It was a lovely cultural moment that brought everyone together to learn, reflect and enjoy each other's company.



Follow us on Facebook for more updates

Celebrating our staff

Every season we highlight staff who have gone above and beyond to help support residents and staff.



Fanoulla Charalambous Chef

Fanoulla has been a cherished member of the Anastasia Lodge family since 2003. With over 20 years of dedication, she is truly at the heart of our home.

Not only does she prepare delicious, home-cooked meals for our residents, but she also takes the time to sit with them, listen and ensure their individual needs are met. She consistently goes above and beyond her role, showing genuine care and kindness every single day.

Love is in the air this Valentine's Day

We hosted a wonderful afternoon tea this Valentine's Day. Residents enjoyed a love-themed lunch and our staff gave out red roses.



Thank you to all our amazing staff

Spring calendar of events

MARCH 2026

1 - St David's Day

Enjoy Welsh cakes and a quiz.

4 - Live event with Simon

Join us at 2pm to enjoy live entertainment

8 - International Women's Day

A celebration of inspiring Women across the world.

15 - Mother's Day

Afternoon tea in honour of all the mums at Autumn Gardens.

17 - St. Patrick's Day

A celebration of Irish culture, foods, music, dancing and drinking.

18 - March Birthday Party

We celebrate this month's birthdays.

19- Eid-al Fitr -End of Ramadan

Residents can enjoy a feast to celebrate the end of Ramadan.

APRIL 2026

5 - Easter Sunday Celebration

Easter themed activities including the cracking of eggs, eating home-made flaounes and watching Easter Sunday Service from St. Demetrios Church.

9 - Greek Orthodox Good Thursday

Residents will enjoy the tradition of decorating Easter eggs.

10 - Greek Orthodox Good Friday

Residents will make a special visit to enjoy a church service at St Demetrios church, followed by Koulourakia making.

12 - Greek Orthodox Easter

We will enjoy Easter festivities and cracking our red eggs!

14 - National Gardening Day

Our residents will celebrate the joys of gardening and promoting the many benefits of cultivating plants.

15 - April Birthday Party

We celebrate this month's birthdays.

MAY 2026

6 - Live event with Mike Marandy

Join us at 2pm to enjoy live entertainment.

12 - International Nurses Day

Celebrated annually on the birthday of Florence Nightingale.

15 - International Day of Families

This day raises awareness of the importance of families.

20 - May Birthday Party

We celebrate this month's birthdays.

Key events alongside our daily activity schedule

Celebrating recent birthdays!



Happy
Birthday!

Follow us on Facebook for regular updates





Lemon Tree Day Care Services

Autumn Gardens & Anastasia Lodge 

Flexible day care services based in Southgate and Winchmore Hill

Make friends and enjoy stimulating activities



Supervision by friendly, highly trained professionals



Flexible hours and days including weekends and holidays



Healthy, home-made hot meals served daily



Ask us about our discounted packages!



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