



Autumn Gardens



Spring newsletter 2026

autumn-gardens.com



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As we welcome the brighter days of spring, we've been reflecting on a truly heart-warming winter here at the home.

The Christmas season was filled with joy and togetherness. We were delighted to welcome Osidge School Choir, whose beautiful singing brought festive cheer to every corner of the home. The wonderful ladies from Revival Church also visited, sharing messages of hope and spreading Christmas spirit and gifts among residents and staff alike. These special visits created magical moments and reminded us how lucky we are to be part of such a supportive community.

In February we celebrated Valentine's Day. Our team had great fun decorating the home with hearts and flowers, creating a lovely atmosphere of warmth and friendship. Residents received flowers and thoughtful cards with personal messages.

One of our recent learning journeys involved getting creative with Play Doh! Residents rolled, shaped and cut colourful dough to create a variety of wonderful 3D models. From imaginative objects to decorative shapes, the activity encouraged creativity while also supporting fine motor skills.

Finally, thank you to everyone who attended our recent Residents, Friends and Family meeting. Your input, ideas and continued support are truly valued and help us make our home the warm, vibrant community it is.

Martina De Vizia, Registered Manager



Candle making



In December, our residents enjoyed creating beautiful handmade Christmas candles from scratch. Carefully choosing festive designs and Christmas scents, they poured, shaped and decorated each candle with great care and creativity.



The purpose of the activity was especially meaningful as each candle was made as a gift for their families. Loved ones were delighted and often surprised to receive a gift bag containing a handmade candle, a personalised Christmas wish, and a photograph capturing the special moment their relative was making it.



It was a lovely activity, bringing together creativity, purpose and the spirit of giving at Christmas time, the smiles on everyone's faces said it all.

Handmade with Love

Celebrating our staff

Every season we highlight staff who have gone above and beyond to help support residents and staff.



Comfort Frimpong Care Assistant

As Comfort approaches her 10-year anniversary, we would like to recognise her dedication and commitment.

She is known for her hardworking nature, polite manner and strong focus on her duties. Her consistent professionalism and caring approach make a real difference to both residents and colleagues alike. Thank you, Comfort, for a decade of wonderful service.



Sandra Frimpong Nurse

Sandra joined us in December 2024 and has quickly become a valued member of our nursing team.

She is known for her hardworking attitude, calm nature and polite, professional manner. Always willing to help, Sandra consistently delivers high-quality care and support to our residents, contributing greatly to the smooth running of the home.

Thank you to all our amazing staff

Spring calendar of events

MARCH 2026

1 - St David's Day

Enjoy Welsh cakes and a quiz.

4 - Live event with Andy and Tony!

Join us at 2pm to enjoy live entertainment

8 - International Women's Day

A celebration of inspiring Women across the world.

15 - Mother's Day

Afternoon tea in honour of all the mums at Autumn Gardens.

17 - St. Patrick's Day

A celebration of Irish culture, foods, music, dancing and drinking.

19- Eid-al Fitr -End of Ramadan

Residents can enjoy a feast to celebrate the end of Ramadan.

26 - March Birthday Party

We celebrate this month's birthdays.

APRIL 2026

1 - Live event Cheryl King

Join us at 2pm to enjoy live entertainment

5 - Easter Sunday Celebration

Easter themed activities including the cracking of eggs, eating home-made flaounes and watching Easter Sunday Service from St. Demetrios Church.

9 - Greek Orthodox Good Thursday

Residents will enjoy the tradition of decorating Easter eggs.

10 - Greek Orthodox Good Friday

Residents will make a special visit to enjoy a church service at St Demetrios church, followed by Koulourakia making.

12 - Greek Orthodox Easter

We will enjoy Easter festivities and cracking our red eggs!

14 - National Gardening Day

Our residents will celebrate the joys of gardening and promoting the many benefits of cultivating plants.

23 - April Birthday Party

We celebrate this month's birthdays.

MAY 2026

6 - Live event with Pavlos Doukanaris

Join us at 2pm to enjoy live entertainment.

12 - International Nurses Day

Celebrated annually on the birthday of Florence Nightingale.

15 - International Day of Families

This day raises awareness of the importance of families.

28 - May Birthday Party

We celebrate this month's birthdays.

Key events alongside our daily activity schedule

Celebrating recent birthdays!



Follow us on Facebook for regular updates





Lemon Tree Day Care Services

Autumn Gardens & Anastasia Lodge 

Flexible day care services based in Southgate and Winchmore Hill

Make friends and enjoy stimulating activities



Supervision by friendly, highly trained professionals



Flexible hours and days including weekends and holidays



Healthy, home-made hot meals served daily



Ask us about our discounted packages!

